



Knäckig äppelkaka

Ingredienser

2 epler

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0,5 dl hvetemel

0,5 dl sukker

60 g smør

Fremgangsmåte

Rens eplene og del dem i kløfter. Legg dem i en liten, smurt form.

Bland mel og sukker og hell over eplene. Skjær kaldt smør i skiver med en ostehøvel og legg over.

Stekes midt i ovnen ved 200°C i 20-30 min.

Serveres nystekt med vaniljesaus.

Tips

POEM FOR THE LIVING

When I am dead,
Cry for me a little.
Think of me sometimes,
But not too much.
It is not good for you
Or your wife or your husband



Or your children
To allow your thoughts to dwell
Too long on the dead.
Think of me now and again
As I was in life
At some moment which is pleasant to recall.
But not for long.
Leave me in peace
As I shall leave you, too, in peace.
While you live,
Let your thoughts be with the living.

(Theodora Kroeber)

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